

# Record of Work

Date Start: ..... Finish: .....

Number of sessions this term: .....

Number of children in group: .....

Hall Activities										
Session No:	1	2	3	4	5	6	7	8	9	10
Warm up										
Red										
Orange										
Yellow										
Green										
Blue										
Indigo										
Violet										
Cool down										
Small Room Activities										
Session No:	1	2	3	4	5	6	7	8	9	10
Warm up										
Scarlet										
Tangerine										
Gold										
Lime										
Sky										
Navy										
Purple										
Cool down										

Fill in the number of the cards you are using for each session in the appropriate box and photocopy further sheets as required.